

# CumbriaMed Research Webinar Series



The **CumbriaMed Research Webinar Series** showcases leading health researchers working in and with Cumbria. Each session features two expert speakers, followed by a Q&A. Open to staff, patients, relatives, and the public, the series explores how local research is shaping the future of care.

Webinar  
Topic:

## Health Inequalities



Register at:  
[tinyurl.com/pcsm-webi6](https://tinyurl.com/pcsm-webi6)

See videos of past webinars at:  
[cumbriamed.ac.uk/webinars](https://cumbriamed.ac.uk/webinars)

Join on Zoom: **Thursday 22<sup>nd</sup> January 2026**  
at **12:30-13:30**

Talk 1

### "NIHR Maternal Health Inequalities Research Programme"

**Prof Judith  
Rankin OBE**

*Professor of Maternal  
and Child Health,  
Newcastle University,  
and Co-Lead of the NIHR  
Challenge Maternity  
Disparities Consortium.*



Judith works in maternal and child health research and has a long-standing interest in health inequalities affecting women and babies. Her research includes maternal risk factors, congenital anomalies, and the experiences of underserved families when trying to access maternity and child health services.

Talk 2

### "Thinking Mental Health Inequalities"

**Prof Joy Duxbury  
OBE**

*Professor of Mental  
Health and Director of  
Research for the  
Institute of Health,  
University of Cumbria.*



Joy is a mental health nurse by background and a clinical academic. Her career has centred on improving mental-health care for people whose voices are often overlooked, including those in rural or disadvantaged settings. She brings expertise in trauma-informed practice, involving people with lived experience, and reducing reliance on restrictive or coercive interventions.